



# CENTRAL PARK MEDICAL COLLEGE

(A Project of Health & Education Foundation Reg No. 0062545)

CPMC/ME/2021-15

26<sup>th</sup> of January 2021

## STUDENT HEALTH CARE POLICY OF CENTRAL PARK MEDICAL COLLEGE

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### SCOPE

This Student Healthcare Policy is applicable for full time students enrolled in Central Park Medical College.

### POLICY STATEMENT

Through the Student Healthcare policy, students are provided healthcare services for problems, which may develop during the students stay at Central Park Medical College.

### PURPOSE

- The intent of this policy is to provide access to preventive and therapeutic health services to all the students and maintain general wellbeing of students during their stay at Central Park Medical College.
- For this purpose, a team of healthcare personnel and interdepartmental referral mechanism is in place. Healthcare personnel team includes student healthcare In charge and chief medical officer of central park teaching hospital.

### STUDENT HEALTHCARE POLICY

- Student Healthcare policy is applicable to all on-board students. The Student Healthcare Policy has been envisaged as a no profit, no-loss plan. There is no subscription fee for students.
- The Student Healthcare Policy at Central Park Medical College provides medical cover for day-to-day medical problems to the students of Central Park Medical College and enables



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access to required medical aid in emergencies during their educational period at Central Park Medical College.

## COVERAGE EXTENDED BY STUDENT HEALTHCARE POLICY

The following aspects are covered through the Student Healthcare Policy

- Free registration as OPD patient
- Out-patient management of the day-to-day problems.
- Free consultation
- Free emergency services for all CPMC students
- Referral for Psychological counseling to CPMC counseling center
- Free indoor beds and discounted private room facility according to bed availability
- Discounted surgical procedure charge
- Discounted operation theater services charges
- No nursing care charges
- Discounted laboratory investigations
- Discounted X-Ray, ultrasonography and doppler scan
- Discounted ambulance facilities

The Student Healthcare Policy, provides cover to full-time students only. The Policy does not cover students on electives, students on part-time programmes and students on study leave from Central Park Medical College.

## THE FOLLOWING ASPECTS ARE COVERED THROUGH THE STUDENT HEALTHCARE POLICY:

- Free registration as OPD patient
- Out-patient management of the day-to-day problems.
- Free consultation by consultants
- Free emergency services for all CPMC students
- Referral for Psychological counselling to CPMC counselling centre



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- Free admission
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- Discounted surgical procedure charge
- Discounted operation theatre services charges
- No nursing care charges
- Discounted laboratory investigations
- Discounted X-Ray, ultrasonography and doppler scan
- Discounted ambulance facilities

## NOTABLE EXCEPTIONS

Following facilities will not be covered by the Student Healthcare Policy:

- Immunizations – Vaccine cost.
- Medication cost
- Chronic dialysis
- Cosmetic surgery
- Chronic Rehabilitation and prosthesis care;
- Trivial conditions e.g. eye bags, dandruff etc
- Oncological care
- Pre-existing conditions as identified during the physical examination or during the course of study at Central Park Medical College
- Lipid profile, Pap smear, Mammogram etc.

## PRE ENTRANCE PHYSICAL EXAMINATION

The objective of pre-entrance physical examination and history includes:

1. To identify any existing medical illness
2. To assess fitness for coping with the rigors of the programme being enrolled for.
3. To ensure immunization as relevant to programme being enrolled in.





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## SCOPE OF PRE ENTRANCE PHYSICAL EXAMINATION

It must be noted that the pre entrance physical examination is not a complete medical examination. It thus remains the responsibility of the student to provide accurate medical history and correct information with regard to current health status and past illnesses. There might be medical or psychiatric conditions which cannot be detected on single visit. The student healthcare committee reserves the right to review the case when such conditions are manifested.

Problems/diseases detected requiring investigations/treatments are “pre-existing” conditions and are NOT covered by the Student Healthcare Policy. Students will be required to cover the cost of these investigations themselves.

### THE PRE ADMISSION PHYSICAL CHECK-UP WILL INCLUDE:

1. Medical History as revealed by the student including history of;
  - Disability
  - Allergy
  - Asthma
  - Past medical and surgical History
  - Polio & BCG vaccine record
  - Chronic / known illness
  - Eye sight
  - Family history
  - Blood group
2. Candidate must produce certificate to have been:
  - Inoculated against the enteric group of fevers within the preceding 12 months.
  - Fully vaccinated against Tetanus
  - Fully vaccinated against hepatitis “B” virus
  - Foreign students will have to produce a certificate of their HIV status from prescribed laboratories in Pakistan. If during the course of studies any student is found to be



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positive for HIV infection, he/she shall be repatriated at his/her own cost to his/her country of origin.

- Physical examination by a physician including;
- Complete general physical examination
- Weight, height, BMI
- In case a student is found unfit for any reason in any programme, the case will be referred to the Dean who will constitute a medical board to review the case; the decision of the board will be final.
- It is mandatory for all Central Park Medical College students to undergo a physical examination by the Central Park Teaching Hospital personnel or the designated person assigned by student healthcare committee upon admission. A physical examination certificate is required for 'formal' enrolment into the College.
- Unless the physical examination is completed to the satisfaction of the Student Healthcare Physician, the student will not be entitled to services through the Student Healthcare Policy.

## IMMUNIZATION

In the interest of student's safety and health, we ensure that all of our students are Hep B vaccinated. Especially, all students involved with direct patient care are required to get themselves immunized with Hepatitis B vaccination. Immunization policies are subject to change from time to time. In cases where immunizations are carried out elsewhere, students must produce a valid, certificate which is acceptable to the Student Healthcare Physician.

## SOPS OF HEALTHCARE CENTER

- Duties of healthcare centre staff is to:
- Assign the specific personal to take pre entrance history physical examination of all students seeking admission in 1st year MBBS.
- Maintain the record of vaccination status of each student and make sure to vaccinate who is not vaccinated.



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- If any CPMC student require medical attention then healthcare incharge will refer him /her to CPTH chief medical officer and then CMO will refer to different department depending upon nature of medical care needed.
- If any CPMC student needs academic, psychological or gynaecological counselling then he/she will be referred to counselling centre
- To issue sick leave after careful examination by student healthcare incharge and maintain the record of student's sick leave.

## PATIENT CARE

- Students who require hospitalization will be entitled to get admission in respective ward of Central Park Teaching Hospital.
- All students will be entitled to assistance for medical emergencies, as per the procedures of the Emergency Room.
- Outpatient care at consulting clinic will be provided free of cost on referral through chief medical officer.

## POLICY FOR SICK LEAVE

- Student Healthcare in charge will assess and sign the sick leave application given by students. Every sick leave application has to be countersigned by the Dean CPMC. A student sick leave application will be saved for every student to keep a log of all their sick leaves.
- If a student is observed to avail sick leave on regular basis with or without any genuine reason, the case will be reported to the Dean's Office. It is the Dean's Office policy to communicate the same to the students' parents.
- It remains the student's responsibility to inform their programme coordinators in a timely manner about their sick leave.





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## APPROVAL AND REVIEW DETAILS

Central Park Medical College	Department of Medical Education		Policy Number:
Title: Students Health Care Policy	Issue Date: 27/1/21	Prepared/Revised by:  Date: 27/1/21	15
Due for Revision on 1 <sup>st</sup> of Feb, 2022			
Reviewed by:  DR. Mariyah Hidayat Date: 27/1/21.	Authorized by:  Date: 29/01/21		

**Prof. A. S. Chughtai**  
MBS, M.Phil, MIA, FCPS,  
FCPP, FRCPath  
Dean  
Central Park Medical Colleg.  
3.4 Kilometers, Ferozpur Road,  
Tel: 042-35935347  
E-mail: dr.aschughtai@gmail.com



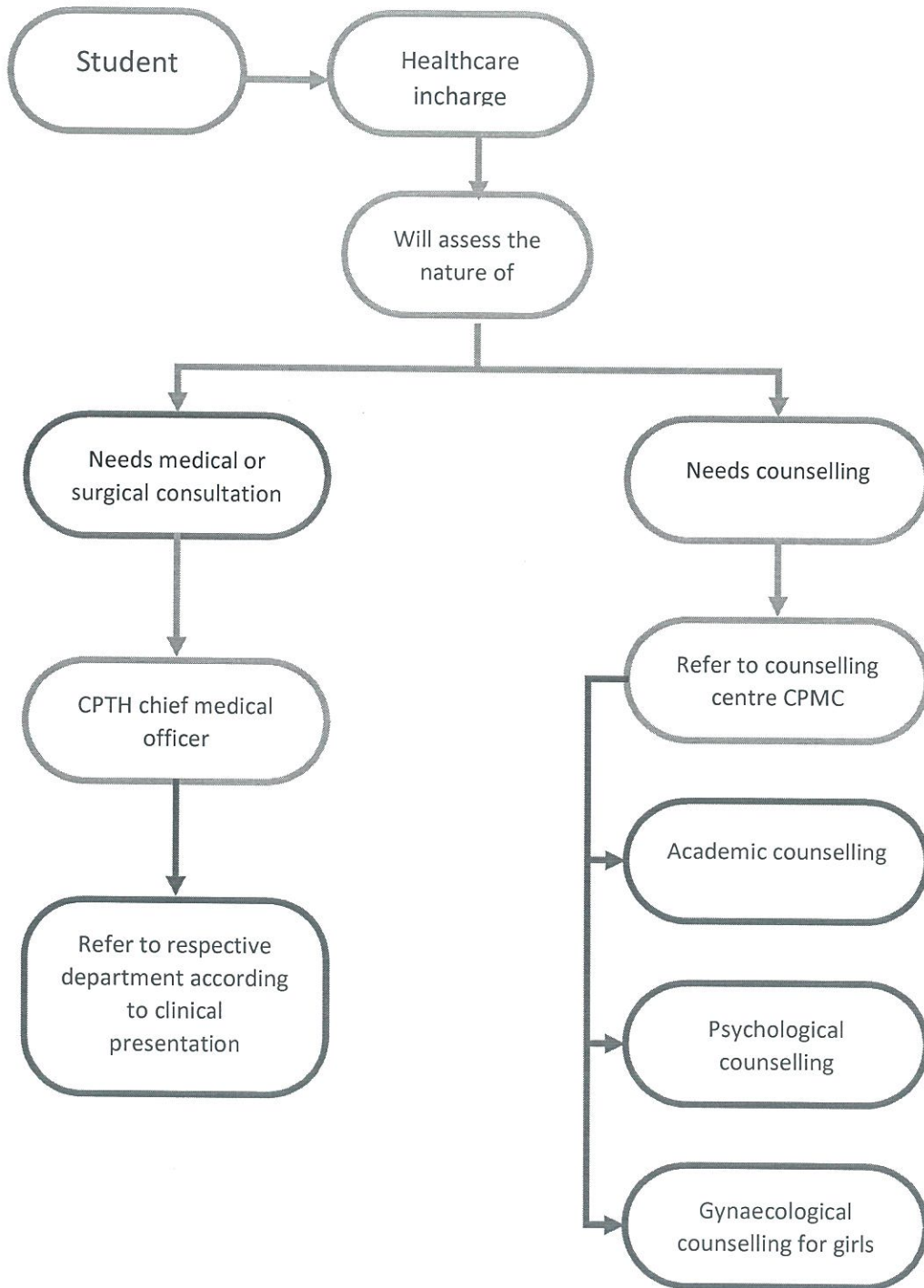
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## Healthcare Center Process and Procedure







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Student Healthcare Centre Registration and Referral Form

Date:

Sr. No.

Name:

Class:

Roll No.#

Presenting complaint:

Referred to:

- Emergency room
- Gynaecology
- General Medicine
- General Surgery
- Ophthalmology
- ENT
- Counselling centre
- Other (Please Specify): \_\_\_\_\_

Student's Signature:

Std Health Incharge/  
Chief Medical Officer Sign:



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Student's Outpatient Medical Consultation Form

Date:

Sr. No.

Doctor's Information:

Name:	Department:
Designation:	Contact Number:

Student's Information:

Name:	
Class:	Roll No.#

Vital Signs:

BP:

Pulse:

Temp:

Presenting Complaints:

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Lab tests:

Diagnosis:

Follow-up:

Prescription:

Doctor's Signature



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Students Sick Leave Form

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Date:

Sr. No.

Name:

Roll No.#

Father's Name:

Class:

Contact Number:

Reason of leave: (Kindly attach evidence with this form):

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From Date: \_\_/\_\_/\_\_

To Date: \_\_/\_\_/\_\_

Number of days: \_\_\_\_\_

Student's Sign:

Healthcare In charge Sign:

Dean: